hi. welcome to freshii.

tell us your name:

1 write down one of the "Chef Designed" items from our menu in the space below

OR create your own

☐ **salad** $5.95
- ☐ romaine
- ☐ spinach
- ☐ freshii mix

☐ **wrap** $4.95
- ☐ brown rice
- ☐ romaine
- ☐ spinach
- ☐ freshii mix

choose style:
- ☐ classic
- ☐ grilled

☐ **bowl** $5.75

all bowls are served over warm brown rice

☐ **soup** $5.75

choose base:
- ☐ brown rice
- ☐ rice noodles

choose broth:
- ☐ 100% vegetable
- ☐ classic chicken
- ☐ spicy lemongrass

2 unlimited toppings

- ☐ artichoke hearts
- ☐ bean sprouts
- ☐ black beans
- ☐ broccoli
- ☐ carrots
- ☐ celery
- ☐ diced tomatoes
- ☐ sweet corn
- ☐ red onions
- ☐ edamame
- ☐ chick peas
- ☐ cucumbers
- ☐ mushrooms
- ☐ roasted peppers
- ☐ egg whites
- ☐ sliced egg
- ☐ spinach
- ☐ cilantro
- ☐ crispy wontons
- ☐ sunflower seeds
- ☐ green apples
- ☐ mandarin oranges
- ☐ strawberries
- ☐ house croutons

3 premium toppings

single serving	*double*
☐ albacore tuna (+2.00)	☐
☐ all natural chicken (+2.00)	☐
☐ cajun chicken (+2.00)	☐
☐ bbq chicken (+2.00)	☐
☐ buffalo chicken (+2.00)	☐
☐ teriyaki chicken (+2.00)	☐
☐ smoked bacon (+1.25)	☐
☐ grilled tofu (+2.00)	☐
☐ grilled organic steak (+3.00)	☐
☐ grilled salmon (+3.00)	☐
☐ walnuts (+0.75)	☐
☐ chopped almonds (+0.75)	☐
☐ blue cheese (+1.00)	☐
☐ feta cheese (+0.75)	☐
☐ goat cheese (+1.00)	☐
☐ jack & cheddar (+0.50)	☐
☐ shaved parmesan (+0.75)	☐
☐ avocado (+1.00)	☐
☐ blueberries (+0.50)	☐
☐ mango (+0.50)	☐
☐ dried cranberries (+0.50)	☐
☐ sundried tomatoes (+0.75)	☐
☐ kalamata olives (+0.50)	☐
☐ grilled portobello (+1.00)	☐

Double portions cost double

4 choose a dressing

- ☐ cucumber dill
- ☐ salsa (medium)
- ☐ sriracha (spicy)
- ☐ olive oil
- ☐ balsamic vinegar
- ☐ balsamic vinaigrette
- ☐ ranch (low fat)
- ☐ honey dijon (low fat)
- ☐ poppy seed light
- ☐ asian sesame
- ☐ low sodium soy
- ☐ spicy peanut
- ☐ sweet teriyaki
- ☐ blue cheese
- ☐ caesar
- ☐ bbq sauce
- ☐ lemon juice

how do you want your dressing?
- ☐ half
- ☐ regular
- ☐ heavy
- ☐ on the side

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